

## MONTHLY MIRROR - OCTOBER 2024



### 1<sup>st</sup> October – The Food Project

The Food Project, where we donate money to The Helping Hands who feed the ragpickers. Each month, a member of the Board of Directors contributes a meal. This month's meal was generously sponsored by Preeti Mehta, Parul Bansal and Manju Banka.

### 13<sup>th</sup> October – RCMD Co-Hosts District Sports Tournament

Proud to co-host the District Badminton & Table Tennis Tournament 2024 at Juhu Gymkhana on October 13th, alongside Rotary District 3141 and fellow clubs. Sponsored by Advent Neel, with support from Babolat and Vegan Wood, the event celebrated sportsmanship and community spirit, creating a memorable day for all.



### 14<sup>th</sup> October – Isha Yoga Centre Visit

Our unforgettable journey to the Isha Yoga Centre, Coimbatore, from 14th to 16th October 2024, was truly transformative for all of us at RCMD. Under the thoughtful guidance of our President, Rtn. Sonali Desai, and her husband Shri Chetan Desai, we experienced the deep peace of the Dhyanalinga and the powerful energy of Linga Bhairavi. The Adiyogi statue and mesmerizing laser show left us in awe, making this visit a cherished and inspiring memory.



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### 22<sup>nd</sup> October – Diwali Mithai for Jawans



Rotary District 3080 is celebrating Diwali with our Jawans by sending 6,000 mithai boxes to troops stationed at the borders, including Siachen. Governor of Punjab and UT Chandigarh Administrator, Gulab Chand Kataria, flagged off the army trucks carrying seven tons of mithai from Rotarians, a valued morale booster to show appreciation for their dedication and sacrifices. Each 1 kg mithai box, costing Rs 500, will be sent through the Indian Air Force, bringing festive cheer to soldiers far from home.

### 25<sup>th</sup> October – Sufi Diwali Celebration

On 25th October 2024, *Roshni ka Jashn* lit up Divas with a soulful Sufi night. Dressed in elegant Indian attire, everyone enjoyed Shivam Bharadvaj's enchanting songs, dancing to his magical tunes. The vibrant Chandni Chowk-inspired decor, delicious food, and joyful ambiance set the perfect tone for Diwali celebrations. Thanks to President Sonali and Team October, it was truly a night to remember!



## HAPPY DIWALI !